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2010-2012**

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# The MACA Newsletter



MISSOURI ADDICTION COUNSELORS' ASSOCIATION

October 2011

## President's Corner By Laverne Blackorby, President

We are rapidly coming to end of another very successful year at MACA. Since our April conference of this year, we have increased membership by 24 members, 17 professional, 3 associate, 1 retired, 2 student, and 1 agency member. And from the conference evaluation sheets, it appears the conference keeps on getting better. I know from the conversations I had with many of you this spring, that as a whole you were really pleased with the conferences. I wish to thank those who presented information as well as to those who have chosen to sponsor MACA. I would like to remind you that an agency member can have a free vendor both at the conferences, and can run you advertisement for employment as well.

Our conference was attended by 134 professionals who appeared to have a very good time, learning and sharing with each other. From the information forwarded to me, it sounds like we had the best attended banquet we have had in a long time. The spring conference is coming together very well and will be looking at new topics and techniques. The conference committee reports the conference is ready for April 27 through 29, 2012, at the Inn of the Grand Glaze in beautiful Lake Ozark, MO. Please check our web site for conference information.

I can't say enough about each and every one of you who chose to attend our conferences. You help make MACA conferences among the best. It is through the interaction with each other, the passion for our profession along with the insightfulness and caring for those who suffer from addictions that you all bring the hope, health and recovery to so many in need. I am very proud to be a member of our organization, and extremely proud to be serving as your president. You as a member along with the attendees and potential members all help make MACA the successful organization it is, and your suggestions for change or improvement are always welcome. This is our election year and it appears we have several new and exciting individuals running for office. As a member, please let your voice be heard in this election by completing your ballots and getting them sent in by the November 20, 2011 deadline. **No ballots received after the November 20 will be accepted or counted.**

I do regret not being able to attend the fall conference, but I was blessed with a healthy baby granddaughter, Elliana. My daughter's sixteenth birthday went off not quite as planned by her becoming an aunt again, but five days later, she did get to take and pass her driver's test with flying colors. She is loose and on the roads, so beware!

Once again, I want to thank all of you for the honor and privilege you have bestowed upon me for the past four years to serve as your president.

I wish you all a very happy holiday season. I hope you all can spend the time with your families and friends during the holidays. I hope to see each and every one of you in April at the conference.

Thank You all

Lavern Blackorby BA, CRAADC, SQP-R ICAADC, MACA President

**From the MACA Office** By Ronnie Beaver, MACA Executive Secretary

Greetings and I hope everyone had a Great Summer. I was very happy to see so many old and new friends at the MACA 2011 Fall conference. We had a great turnout with 134 participants and 12 vendors/sponsors. We welcomed 14 new and returning members in October. Each conference for the past 4 years has seen an increase in participants. You all should have received your CEU certificates by now. If not, contact me at the number below. Thanks to all for their participation and hard work. Each conference, phone calls and e-mails reminds me of why I have been a MACA member for over 22 years.

You can find membership and conference information on our web site. As you check membership and conference information, please take some time to review our entire site. As you will see, the site has been updated and looks great.

Also, current members, don't forget with each new individual member you recruit (up to 5) you get \$25 off your Fall 2011 conference registration.

We are having elections for Board members and officers in November. You should be getting the ballots mailed to you by the end of October. The MACA board of directors works very hard to provide our membership with great benefits and conferences. Ballots MUST be returned to the MACA office NO LATER THAN November 20<sup>th</sup>. Any ballots received after that date will not be counted.

I hope to see you at our Spring 2012 conference. It will be April 27 - 29, at the Inn at Grand Glaze, Lake Ozark, MO.

MACA contact information is: Ronnie Beaver, Executive Secretary, 816-232-3411. E-Mail; [maca@socket.net](mailto:maca@socket.net), and web site; [www.missouriaddictioncounselors.org](http://www.missouriaddictioncounselors.org)

Thanks again for another great MACA year

**Trauma-Informed Care** By Mark Stringer & Heidi DiBiaso, Dept of Mental Health

Most people seeking substance abuse treatment and mental health services have experienced some form of abuse, neglect, or other traumatic event during their lifetimes. Trauma can cause serious problems, affecting a person's physical health, mental health, and self-esteem. While treatment for trauma-related mental health and substance abuse problems has proven to be effective, trauma-specific interventions are not enough.

Trauma-informed care focuses on providing services in a safe, supportive, and culturally sensitive environment using evidence-based practices. Trauma-informed systems bring the values of safety, healing, and recovery. It requires training of all staff members - from the top down - to make sure these values are woven into daily practice, which includes policies, procedures, and service delivery. The involvement of those receiving services is important in the development, delivery, and evaluation of services. When an agency can demonstrate that it incorporates these values into every aspect of care, then it is considered to have a Trauma-Informed Culture.

For additional information or resources on trauma-informed care, please contact Shannon Einspahr, MSW, LCSW at the Division of Alcohol and Drug Abuse, 573-751-8113, or [shannon.einspahr@dmh.mo.gov](mailto:shannon.einspahr@dmh.mo.gov).

## **MACA Business Meeting Minutes** October 8, 2011

**Call to Order:** Vice President Dian Banks called the meeting to order at 6:35 p.m. Membership meeting was at the Inn at Grand Glaize, Osage Beach, MO.

Dian introduced the MACA Board and Head table. She acknowledged the conference sponsors and thanked the presenters for providing Great workshops..

**Minutes of 04/11 Business Meeting:** The Minutes from the April, 2011 business meeting were reviewed. Minutes were approved.

**Third Quarter 2011 Financial Report:** Tommy Hallam moved, Tracy Sovar seconded the finance report be accepted. Motion Passed.

### **Committee Reports:**

**Training & Education:** Linda reported we are ready to go for this conference. The 2012 Spring conference will be April 27 – 29, at the Inn At Grand Glaize. The Spring 2012 agenda is already being filled out. A request was made for the membership to let the MACA Board and education committee know if they had any suggestions for speakers and/or topics.

**Membership:** Membership numbers are increasing, and the member incentive of \$25 off the next conference registration fee for each new member recruited is still in effect. Please check the membership booth at the conference, and membership information on our web site at; [www.missouriaddictioncounselors.org](http://www.missouriaddictioncounselors.org).

**Ethics Committee:** No report.

**Constitution and By-Laws:** Lou Louzader, No Report

**Newsletter:** Ronnie reported the newsletter will be out right after the conference.

**MSAPCB Report:** MSACCB is staying busy.

**MACA Progress Report:** Dian reports financially MACA is in good shape. We still have need for improvement, but we are continually upgrading MACA services.. Membership numbers are improving. Dian thanked the membership for their continued support.

**Old Business:** N/A

**New Business;** MACA Board elections are being held. Nominations will be accepted until the 16<sup>th</sup> of October. Ballots will be sent out the end of this month. Ballots shall be returned to the MACA office NO LATER THAN November 20<sup>th</sup>. Ballots received after that date will not be counted.

**Next Business Meeting:** April 28th, at 6:30 P.M. Grand Glaize Inn, Osage Beach, MO

Dian Banks moved, Elaine Campbell seconded motion to adjourn. Motion passed. Meeting adjourned 10a.m.



## PURPOSE

The Missouri Addiction Counselors Association is a not-for-profit Professional Organization for Counselors living in or working in the State of Missouri.

## MISSION

MACA will actively engage in those activities which promote the integrity and professionalism of addiction counselors. MACA will provide continuing educational opportunities to addiction counselors, counselors-in-training, and other counseling disciplines. MACA will inform legislative and government officials of Missourians' treatment needs. MACA will explore and pursue ideas and principals which advance the Professional recognition of Addiction Counselors in Missouri.

### *Did You Know.....*

MACA is the only Professional Membership Association in Missouri for Addiction Counselors and other Professionals in the Addictions field.

MACA was organized in 1971 as the Missouri Association of Alcohol Counselors to provide fellowship and support for persons professionally employed in alcoholism counseling. The role and mission of MACA expanded through the years to include persons providing professional counseling for alcohol, drug, and other addictive behaviors, thus necessitating a name change to the Missouri Association of Substance Abuse Counselors. In 1992, MASAC Membership and NAADAC (National Association of Alcohol and Drug Abuse Counselors) St. Louis Chapter agreed to combine and form one professional association in Missouri. MASAC then became Missouri Addiction Counselors Association.

In 2008 MACA discontinued its affiliation with NAADAC in order to focus resources on the needs of State membership.

## MEMBERSHIP CLASSIFICATIONS

### Professional (Individual) Membership\*:

Open to anyone engaged in the work of counseling or related fields who is interested in the addiction-focused profession. *(It is not a requirement that Professional Members be credentialed in Addictions.)*

- *May actively participate in the association, hold office, serve on committees, and have full voting rights.*
- *Will be expected to uphold the aims & actions of MACA and abide by the MACA Codes of Ethics.*

### Associate (Registered) Membership\*:

Open to persons with an interest in Substance Abuse and/or Addictions & the aims of the Association, **but not qualified for Professional or Student Membership and not yet certified by MSAPCB as a Certified Substance Abuse Counselor.** Associate Members will inform the MACA Board of Directors when they qualify for Professional Membership status.

### Student Membership\*:

Open to any full-time (9 hours) student at an accredited college or university or students involved in full-time or part-time internships. Student Membership is limited to Student Members for four 1-year membership terms, Student membership is open to both new & renewing Members. Student Members will be required to present documentation of "student-status" to MACA

### Agency Membership:

Open to those agencies, organizations, institutions, and associations wishing to support the purpose, objectives and actions of MACA. **Agency members receive the reduced conference rate for their employees.** Agency members can designate one representative who may vote and serve on committees, but is not eligible to hold office.

### Retired Membership:

Open to anyone who has retired from working in counseling or related fields who is interested in supporting the addiction focused profession. (It is not required for the Retired Members to have been credentialed in Addictions)

## MACA BENEFITS

- Inexpensive continuing educational opportunities
  - Annual Spring & Fall Conferences
  - Centrally located in Osage Beach
- Informative MACA Newsletters
- Networking opportunities with other Missouri Addictions Professionals and Agencies
- The chance to promote and enhance the role of the Professional Addictions Counselor
- MACA official certificate
- Individual members receive a discount on all MSAPCB training fees

***Join today and you'll be on your way to gaining the professional edge, earning greater recognition, and keeping up-to-date with the newest field information.***