



Missouri Addiction Counselors Association

The MACA Newsletter

January 2019

Farewell From The MACA Office

By Ronnie Beaver, Executive Secretary

It seems like MACA has been a part of my life forever. I am finally retiring from the position of MACA Executive Secretary after 14 years with a break of 2 years when I tried to retire the first time. It has been tough deciding to retire. I will maintain my MACA membership. I believe in MACA and everyone involved in helping it thrive.

During my time with MACA I have made some amazing friendships with the greatest people on the planet. Sadly, I have also had to say good-bye to several friends upon their passing. Each and every person I have come to know through MACA has made an unbelievable impact on my life and I will miss them with all my heart.

While attending the conferences I have had some great experiences such as when my husband asked me to renew our vows. This happened at the banquet when he came to the podium and in front of everyone, he asked me to marry him again. Believe me when I say speaking in front of a large group is NOT something he does lightly.

I have had the honor of serving on the MACA board in all positions for over 20 years. There have been a lot of changes and growth in MACA. My last Board meeting was January 25th, 2019. I am excited with the Members of the current Board and their goals for the future of MACA. PLEASE help them realize these goals; become a member, participate on a committee, bring a friend (or a bunch) of friends to our conferences. When you see a MACA booth at other conferences be sure to stop and visit. MACA is an amazing group and is always working hard to serve its members.

Thank you to everyone who has been in my life through MACA. I hope to attend future conferences, but plan to take a break to travel with my husband. Please keep in touch. My new e-mail address is: ronnieabeav@outlook.com.

My love and gratitude to each and every one of you. You have truly made my life full of GREAT memories.

Thank You from Ronnie

President's Corner

By Elaine Campbell, MACA President

Hi! Hope you had fantastic holidays and are staying warm.

I have enjoyed serving the last 4 years as you President and look forward to serving you the next 2 years as immediate past president. I want to thank you all for supporting MACA and myself and ask that you continue supporting MACA and I also ask that you would support our new President Tracy Sovar. Thanks to Tracy , we have a fantastic Spring Conference coming up and I hope to see you there.

Stay warm and hope to see you at the Spring Conference in April

Elaine Campbell, MACA President

WHAT 3 DAY HOLIDAY BEGINS APRIL 5TH?

(WELL, IT SHOULD BE A HOLIDAY)

MISSOURI ADDICTION COUNSELOR ASSOCIATION

SPRING CONFERENCE!

APRIL 5, 6 & 7

MACA has another **GREAT CONFERENCE** lined up for camaraderie, CEUs, new presenters, familiar faces and fun. Meet the New Executive Board Officers. Come join us for the **Spring 2018, MACA Conference** at the NEWLY Decorated, updated rooms and, as always, Great Staff at the **Inn at Grand Glaze** of the **Beautiful Lake of the Ozarks**, in Osage Beach, MO!

We've got Fresh New Presenters, Regulars (and irregulars). Vince Winn is Back! Mathew Silva will be our **Key Note speaker** on **Sunday the 7th**. **Friday**, there's going to be the **ICE CREAM SOCIAL; 3pm-3:30pm**. And of course, **Saturday Night**, our ever popular **White Elephant Auction** and **Raffle**. (Following the Grand Glaze Inn's delicious banquet)

PRESENTATIONS to Include: *'The Golden Thread from Assessment to Treatment Planning & Beyond', 'Substance Use Disorders, "Improving Medical & Clinical Effectiveness by Eliminating the Claws of "big box brand." 'Supporting the Family System during Recovery Process,' "Self Esteem and Substance Abuse: It's No Small Thing" and Ethics—Whole Hearted Journey to Ethics (and many more) Sunday's Key Note Speaker, Mathew Silva on "What Is Recovery?"* **Something for EVERYONE!**

Join us for another **Great Conference**. Remember, your Registration includes the Banquet. **See the registration form (and Register) at our website**, for a breakdown of the costs for the entire 3 Day Conference, just Membership, just Ethics, just a Day or just the Banquet. Reserve your room at the Inn, now! Make sure you **tell them** you're with the **MACA Conference** and **get a Hotel discount and MACA early Registration DISCOUNT**.

Can't wait to see you!!! A'ndrea Hyde; Vice President

In Memory Of

By Lavern Blackorby

I'm very glad to announce that I have not received notice of any of our Members or their Family or Friends passing during the last quarter.

Other Members news:

We missed our dear friend and board member Al Crandall, at the Fall Conference due to illness, and hospitalization hope you recover soon. (Get well Quick Al, We all Miss You). I'm saddened to announce that a long-time friend and board member of MACA is now going into retirement. Ronnie Beaver has been a member of MACA for over thirty years. She made the decision she wanted to spend more time with Bob, her son and her pets. Ronnie will truly be missed by all who has got to know her over the years. (I've been butting heads with her for nearly thirty five years here at MACA). I hope you will join me in wishing Ronnie a fun filled and Happy Retirement.

Tracy Sovar will be celebrating her twenty third (23) recovery birthday this year on March 7, Happy Recovery Birthday (and many more).

I do want to extend to all MACA members as well as attendees to share with your friends and peers, if you know of any birth's, weddings or wedding anniversary, sobriety anniversary, graduation, or death of a member of the counseling friends and family, or any other hard working member of the counseling field, please let either Tracy Sovar or myself know and we will share it with all in the next quarterly newsletter.

I would like to also take just a moment to thank all of you who attended the Fall Conference, and a very special thanks to the presenters, and our sponsors. It was a great conference and all the attendees I talked with enjoyed the breakouts and had a great learning experience, in a relaxed atmosphere and had a lot of fun while earning their CEU's.

Please keep in mind that you are the reason we are able to and why we have these conferences. MACA has strived from our conception 47 years ago to provide an affordable, educational, and fun learning experience for all who attend. I would encourage each of you to bring a friend or co-worker with you to the Spring Conference which will be held April 5, thru 7, 2019 at the Inn at Grand Glaze Lake of the Ozarks, Missouri.

If you have problems getting signed up for the conference or need information please feel free to contact MACA Office at (417) 554-1412 or email maca@socket.net, Web: missouriaddictioncounselors.org or Tracy Sovar at (573) 533-0598.

Hope to see you all at the Spring Conference.

Lavern Blackorby CRAADC, SQP-R

MACA Newsletter

You Are Invited to Send in Articles

Individuals wishing to write and have their article posted in the MACA newsletter are welcome to send your article to myself lblackorby@pfh.org and cc the same article to Tracy Sovar at maca@socket.net. We also welcome articles on Wellness relating to physical and or Mental Health issues. All articles will need to be submitted prior to the 15th of the month ending the quarter. All articles will be considered and screened for appropriateness.

Thank you,
Lavern Blackorby

Employment Opportunity
Missouri Addiction Counselors Association
(MACA) is Accepting Applications for our
Executive Secretary Position
Until March 1, 2019
To Apply send a copy of your Resume to:
Missouri Addiction Counselors Association
P.O. Box 71
Owensville, Missouri 65066
Or
Email your Resume to:
Missouri Addiction Counselors Association
MACA@SOCKET.NET



BOARD OF DIRECTORS
417-554-1412
PO Box 71
Owensville, MO 65066

Tracy Sovar	President	Owensville, MO	573-533-0598
Andrea' Hyde	Vice President	Vandalia, MO	573-594-3107
Kelly Payton	Secretary/Treasurer	Union, MO	573-253-1711
Lavern Blackorby	Board - Northern	Novinger, MO	660-785-8879
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Randal Bacon	Board- Central	Kirksville, MO	660-342-1883
Al Crandall	Board - Southeastern	Farmington, MO	573-747-8899
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Kathy Gillum	Board- Member at Large	West Plains, MO	417-818-6480
Clay Hyde	Board-Member at Large	Vandalia, MO	573-594-3107
Mae Lansford	Acting Executive Secretary	Owensville, MO	417-554-1412
Elaine Campbell	Immediate Past President	Union, MO	314-808-4299

Submitted by; Jim Koen – Guardian Interlock

Missouri Once Again Spurns DUI Checkpoints



Sobriety checkpoints – roadblocks at which police stop cars and ask drivers if they’ve been drinking – are controversial. Most states at least permit them, and many use them as an efficient means of catching drunk drivers before they do harm.

But ten states have outlawed them on the basis that they conflict with the state constitution.

Missouri is on the fence. Missouri DUI checkpoints have not been outlawed, but for the second year in a row the Missouri House Appropriations Committee has **allotted just \$1 per year to them**, signaling disdain for a law enforcement tool that is a staple in neighboring states.

The Case for Sobriety Checkpoints

The Supreme Court ruled in 1990 that sobriety checkpoints met Fourth Amendment requirements. The Fourth Amendment prohibits unreasonable search and seizure. The court ruled, essentially, that the “search” aspect of a DWI checkpoint was not invasive enough, as it just involved a slight delay and a question or two from the police officer. That is, the court implied, a far cry from storming into a home and emptying file cabinets.

Keep in mind that offices cannot just stop whatever driver they choose: the checkpoints must be announced beforehand, and a guidelines must be set: every tenth driver, say – so that discrimination does not come into play.

Moreover, sobriety checkpoints do work. The Centers for Disease Control (CDC) found that checkpoints can slice a good **20 percent off alcohol-related fatality numbers**. Not only do officers at roadblocks nab drunk drivers, but drivers who pass the checkpoints on a night out tend to be more careful about drinking afterwards. The deterrent effect is well-known.

The Case Against Sobriety Checkpoints

Opponents of DUI checkpoints believe that stopping multiple drivers without any probable cause is an unreasonable search, and exactly what the Fourth Amendment was designed to prevent. Stopping people and demanding to see their licenses is, for some, a tactic too close to police-state methods. There are also worries that the checkpoints exist to troll for fines and target undocumented immigrants. The dissenting Supreme Court judges in the 1990 case cited other rulings which condemned “suspicionless random stops of motorists for investigatory purposes.”

The Good News: Saturation Patrols, Ignition Interlocks

Even without DUI checkpoints, Missouri has resources to fight drunk driving – the Appropriations Committee allotted \$20 million for anti-DUI efforts. The most effective of these are:

- Saturation patrols, in which officers are concentrated in a single area for the purpose of seeking out drunk drivers
- Ignition interlocks – Missouri requires ignition interlock devices for all drunk driving offenders. The devices prevent a vehicle from starting if the driver has been drinking

For the present, Missouri DUI checkpoints are not a thing. Legislators have made their choice, and it’s up to law enforcement to use the tools available to keep the state’s roads safe.

When Will The US Finally End Drunk Driving?

Posted on February 19, 2018 by Shelly Wutke



Drunk driving has been a problem for as long as cars have been on the road, but no one managed to get a handle on it until the 1980s. That’s when Mothers Against Drunk Driving (MADD) stepped in and brought an about face to the growing issue of drunk driving in the United States. Since that time lawmakers, law enforcement, anti-drunk driving groups, and health experts have all been pushing to end drunk driving for good.

One set of experts just released a report and recommendations that they feel will eventually end drunk driving in the United States. Put out by the National Academies of Sciences, Engineering, and Medicine, the report is called, “[Getting to Zero Alcohol-Impaired Driving Fatalities.](#)”

The three main recommendations of this report including lowering the legal blood alcohol concentration (BAC), eliminating off-site alcohol sales, and passing sweeping ignition interlock reform.

Lowering the BAC in the United States

The report recommends that all states should drop their legal BAC to .05. This isn't a new idea, because the National Transportation Safety Board (NTSB) has **been asking states** to lower the BAC for several years.

Utah was the first state in the US who listened to this advice, and they've already stepped up and become the first to **officially lower their legal BAC** to .05. The change isn't due to take place until December 30th, 2018, and there has been opposition to what some see as a drastic change.

But the reasoning behind dropping the legal BAC is solid: because alcohol affects everyone differently, one person may only need one or two drinks to be legally impaired. Any amount of alcohol has the power to affect your driving skills, and lowering the BAC would mean people may really think before they drink and drive.

Removing alcohol sales from gas stations

It's easy to buy alcohol when it's as available as gas for your car, and when you put alcohol in a gas station, it makes it all too tempting to drink it while you're driving. The report stated that removing alcohol from gas stations and **drive-through** stores would make it less likely people would drink and drive.

Ignition interlocks in all states

All states have some sort of ignition interlock law, but **not all states require** ignition interlocks for all offenders. The report recommends that all offenders, even first-time offenders who are arrested with a .08 BAC, are required to use the device to prevent them from driving drunk again.

There's hope in the fact that drunk driving in the United States has decreased since the 1980s. It's just disheartening that there's still thousands upon thousands of people who make the choice to drive drunk every year considering the public education, strict laws, and **technology like ignition interlocks** to stop them. If the recommendations from this report are taken seriously and put into place by lawmakers in the USA, this could be the first glimmer of hope that they can actually end drunk driving sooner than later.

CRAFT FAIR

Hosted By: **Saturday, September 14, 2019**



Sunny Jim Bottomley Park ~ Sullivan, MO 63080

12:00 pm - ?? (Setup anytime after 9:30 am)

\$20.00 Booth Fee (bring own table & setup)

MAAG 3rd Annual Substance Use Disorder Awareness Day welcomes crafters of all kinds! This is a day filled with speakers, activities for children, food, and most importantly a day of learning and becoming aware of the ever growing epidemic of Substance Use Disorder. Many lives have been forever changed due to substance use. MAAG invites you to join us. Any questions please contact MAAG via Facebook or maagwecare@gmail.com

BOOTH RESERVATION FORM

Name: _____

Address: _____

Phone: _____ Email: _____

Description of Items: _____

Special Requests for booth space: _____

Mail Form along \$20.00 (payable to MAAG) to PO Box 116, Sullivan, MO 63080

Questions: email maagwecare@gmail.com



OOHHH Shiny!!

Win this matching pair of his and hers Nel Lusso Cruiser Bikes at the 2019 Missouri Addiction Counselors Association's Spring Conference

Yep, this is a shameless plug giving you just one more reason to attend the conference besides the awesome CEU classes and great networking with other addiction counselors at Lake of the Ozarks. The bikes, generously donated to MACA by **Lifesafar Ignition Interlock**, will be raffled off at the MACA Saturday evening conference banquet. The conference is April 5th – 7th at Inn at Grand Glaize Inn, Osage beach, MO.

Sign up today!



Letter From The President

By: Tracy Sovar MACA 2019 President

Thank you for your vote as the new President of MACA! I am looking forward to working with MACA again this year! I am excited to meet with you, listen to your ideas and encourage each and every one of you to join MACA and participate on our committees! **Let's Make a Difference Together!**

We have some new board members as well, due to vacancies. Please welcome Rebecca Losing at Eastern Representative; Kathy Gillium as Member at Large; Randall Bacon as Central Representative; Terry Mitskell, as Western Representative and Clay Hyde as Member at Large Representative. Andrea' Hyde, Vice President, Kelly Payton Secretary / Treasurer and Mae Lansford, Acting Executive Secretary. Please welcome your new Board.

Welcome to all the new members! It was great seeing everyone and meeting new people at the Fall Conference. We had several Sponsors and Vendors that we hope to see again this Spring! We have a Fantastic group of speakers lined up for our April 5th, 6th, and 7th Conference, at the Inn at the Grand Glaze in Osage Beach. We are working hard on our Marketing and Growing MACA's Membership, we have the Professional, Associate, Agency, Student and we are starting a special membership with special pricing for the Peer Supports! Invite everyone you know!

You can register now for the Spring Conference, vendor booth, Sponsor a Break! We have a Banquet and White Elephant Auction on Saturday Night of the Conference which is a lot of fun and a chance to WIN his and her bicycles, TV's and or Computers plus a lot more! Hope to see you there!

Please be watching the website www.missouriaddictioncounselors.org as well as Facebook, Instagram and Twitter, for the updated information.

Looking forward to seeing you in the Spring!

Tracy Sovar, MACA President

tsovarmadac@gmail.com

573-533-0598 – Telephone

maca@socket.net -MACA email.

417-544-1412 - MACA Phone