



Missouri Addiction Counselors Association

The MACA Newsletter

August 2015

From The President's Corner

By Linda Christian-Dinwiddle, President

As many of you are aware, hotel, food and other costs have steadily risen and we have continued to hold our conference rates at \$125 per individual. This is becoming impossible to do. Effective immediately, we are increasing our conference rates. We are a not for profit organization that will be operating in the red if we continued. Due to this, we are increasing our rates to \$175.00 for everyone. That will include early and at the door registration. While we are aware that this might bring hardship to those who are members and come to the conferences, we have decided to include the membership cost with the cost of the conference. That is, if you come to the full conference, you are automatically a member of MACA. This will eliminate the need for "special member rates". It will also help us meet our need for the increasing costs of putting a good conference on for you. However, realizing that there are members who do not attend our conferences, we wanted to continue to involve your participation. To just be a voting member in MACA, a membership will cost \$50.00 per year. We will have a new membership form on the website. For those who have already paid for a membership this year, you will be continued as members.

This year will also be a new beginnings for us as we are moving into a more computerized life. The conference book will be online through the web site, <http://www.missouriaddictioncounselors.org>. We will be sending certificates and memberships through email. For those who do not have email addresses or on line capabilities, we will need you to contact us so that we can make other arrangements. Also, this year is an election year for the office of the President, Vice President, and Secretary/Treasurer. We will be taking nominations for these offices until the end of the Fall Conference (October 18, 2015). A form will be sent to everyone's email or you can request one through the MACA Office (417) 554-1412 or at maca@socket.net.

We appreciate everyone who has supported us over the years. Our greatest strength is our membership; each and every one of you. We have done everything we can to bring you quality educational speakers and supply you with a "break" to commune with other counselors in a safe environment. We will continue to do this. I read over every conference evaluation and bring topic suggestions and concerns to the board. We work very hard to make each conference a great experience for you. We cannot thank you all enough for your support and hope that you will continue to support the Missouri Addiction Counselors Association.

Some of the topics people have requested are Co-Dependency, Gangs & Addiction, Screening Tools for Alcohol and Substance Abuse, MRT, Counselor Cognitive Distortions, Working with Referral Sources, ASAM – Placement Criteria, Formulating and monitoring a treatment plan, Kids and Adolescents,

Techniques to use with Co-Occurring Clients, Pharmacology and Use of Metaphors in Treatment. These are some great topics! But we also need individuals who would be willing to present them. Please, check your co-workers, your mentors, and even yourselves! We would love to talk with you and even if you haven't done this before...team up with someone! Call or email me at the MACA office, or contact A'ndrea Hyde. The Spring Conference (April 15 – 17, 2016) is just around the corner and we are already looking for people to present!

Sincerely,

Linda Christian-Dinwiddie

Membership Committee Report

By Elaine Campbell and Mae Lansford

Our Membership is down and we need to bring it up. We need new Members! We have several incentives for members. We do two conferences a year in Spring and Fall. Members' fee for conferences is \$175 for 15 CEUS including "Ethics". Our conferences are held at Lake Ozark, Missouri. We have two scholarships that we give away at each conference. One is a new membership in Memory of Tommy Hallam (a pioneer of MACA) and the other is a free conference. We also give information and referrals to members for malpractice insurance and are looking at other incentives. Check out our website for more information at:

<http://www.missouriaddictioncounselor.org/> or contact any board member! Come check out our conference and see what you think!!!

In Memory Of

By Lavern Blackorby, Past President

As of this date I have had no reports of any losses of our Counseling Family.

But I do want to extend to all MACA attendees as well as members if you know to the birth, wedding anniversary, sobriety anniversary, graduation's, or death of a member of the counseling friends and family, or any other hard working member of the counseling field, please let either Linda or myself know and we will share it with all in the next quarterly newsletter.

I would like to also take just a moment to encourage all of you to attend the Fall Conference, and in doing so you will now be a member of MACA. We strive to provide great conferences and hope with you being a member you will feel the need to help MACA grow and thrive, your ideas are important and we want to hear what you want and need. Please keep in mind that you are the reason we are able to and why we have these conferences. MACA has strived from our conception to provide an affordable, educational, and fun learning experience for all who attend. I would like to encourage each and every one of you to have a co-worker join with you at our Fall Conference.

Hope to see you all at the Fall Conference, October 16 thru 18 Inn of Grand Glaze at Lake of the Ozarks.

Lavern Blackorby, Past President
MACA Newsletter

Lavern Blackorby CRAADC, SQP-R

Just for you at the MACA Fall Conference

From The MACA Conference Committee
Clay and Andrea Hyde

**ANNOUNCING THE
2015 MACA FALL CONFERENCE!
OCTOBER 16,17 &18**

The **MACA Board** has been **BUSY, BUSY, BUSY**. Getting the **BEST Presenters** for another **Fall Conference!**

Here's a preview of some of the presentations:

Drugs & Behaviors*Rolling With Resistance*VSEE Counseling with Consumers and Their Parents*Effects of Addiction on Families*Self Care and Relationships

Synthetics & Heroin*Group Counseling: EMPHASIS on Activities that Promote Interaction and Bonding*Walking Through Mental Healthcare*Co-Occurring Disorders*SBIRT (Screening Brief Intervention Referral)*Ethics

Relapse Prevention(Mindfulness)*Spirituality In Recovery

and

OUR KEYNOTE SPEAKER ON SUNDAY THE 18TH;

GENA MOSCHENROSE

**on, 'INNOVATIVE POSITIVE APPROACH TO THE TREATMENT OF
ADDICTION'**

**She is the author of 2 Books and has been a guest speaker on a cable TV
network**

One BIG change is, now your Registration includes MACA membership. So, your membership is renewed just by registering for any MACA Conference. And...You can PRINT OFF the Agenda and registration on-line.

REGISTER NOW!!!!

Of course the always present, good fellowship, relaxed atmosphere, auction, raffle and meeting new people, receiving CEUs and good food!

Go to the MACA website for registration and information.

Read the Newsletter, too. You'll enjoy the information.

Want to Avoid a BUI? Don't Drunk and Boat

Submitted by; Jim Koen – Guardian Interlock

Want To Avoid A BUI? Don't Drink and Boat

Boating under the influence (BUI) isn't a widely used term for most drivers, but it's a frequently used term in the summer for the Coast Guard. Because every single year thousands of people are stopped for drinking and driving in their boats, it appears that people don't seem to get that when you drive a watercraft after drinking, you can and will be charged with BUI.

To be charged with BUI, you must be operating a boat and have a blood alcohol concentration (BAC) over .08. The Coast Guard regularly patrols lakes and ocean front in the United States searching for people who get behind the wheel of their boats after drinking, and it's estimated that nearly ¼ of all boating deaths in 2014 were due to alcohol consumption.

Some states are really cracking down on people who boat under the influence. Take **Nevada** for example—they've recently kicked off an enforcement campaign called Operation Dry Water, and they're dedicated to stopping people from boating under the influence. If you're a first offender in Nevada and you're stopped for BUI with no injuries involved, you could receive 6 months in jail or \$1,000 fine. If there was an injury resulting from a BUI, you could be charged with a felony, may pay up to \$5,000 in fines, and you could receive up to 15 years in prison.

You can stay safe during the busy summer season on the water by following a **few boating safety tips**:

- Never get behind the wheel of a boat after drinking alcohol
- Mixed with sunshine and heat, even one drink can have the power to intoxicate you more so than you would be on land, so don't think one drink is OK
- Bring along snacks and other beverages to stay hydrated
- Tell everyone you know about BUI and share the message that water and alcohol don't mix

It's great to have some summer fun out on the water, but that summer fun can turn deadly if you drink and boat. All you have to do to avoid a BUI charge this summer is to leave the alcohol at home.

Article courtesy of: www.Guardianinterlock.com

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2014-2016

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MEMBERSHIP APPLICATION



Missouri Addiction Counselors Association

NAME _____

CREDENTIALS _____

JOB TITLE _____

Current Employer _____

MAILING ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

PHONE WORK () _____ **HOME ()** _____

FAX NUMBER () _____ **E-MAIL ADDRESS** _____

MACA RECRUITER _____

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DUES
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\$50.00 per year

***** Membership is free if you come to a conference.**

Method of payment: Check__ Master Card__ Visa__ Discover Card__

Credit Card Number _____ **Expiration Date:** __/__/__ **Verification Code** _____

Billing Address _____

Name on Card _____

Email address for name on card _____

Signature _____

Make checks payable to MACA and return, with this form, to:Mail to:

**MACA
P.O. Box 804
Seymour, MO 65746**

Questions?

Linda Christian-Dinwiddie, MACA President

**Phone: 417-554-1412, E-mail: maca@socket.net, Web:
missouriaddictioncounselors.org**

Membership in MACA is not refundable.

I agree to abide by the MACA Codes of Ethics.

SIGNATURE _____ **DATE** _____