



Missouri Addiction Counselors Association

The MACA Newsletter

April 2019

President's Corner

By Tracy Sovar, MACA President

Hello everyone!

We had a great Spring Conference with a total of 15 new vendors/sponsors, Ice Cream Social Sponsored by LifeSafer, Appetizers Sponsored by New Spring Wellness, LifeSafer also donated two awesome bikes, and Centerpointe donated a Firepit!

The Auction and Raffle went very well. I want to thank you all so much who helped make it a great conference! I was very happy to see all the new faces along with all the new members who joined during the conference!

I am looking forward to the Fall conference, as we have a great lineup of presenters getting ready for the fall. We still have a few openings for presenters! If you are interested in presenting please send your bio, synopsis of presentation along with your preferences of 2 hours or 3 hour sessions to maca@socket.net.

Come out and help us support MAAG on September 14, 10:00am, at Sullivan Park! We will have a booth, they have a great line up of presenters, activities, fun, and food!

The Fall Conference is scheduled for Oct. 11, 12, 13, 2019 at the Inn at the Grand Glaze, Osage Beach, MO.

Looking forward to seeing you in the Fall!

Tracy Sovar, CRADC, SQP-R, CS

MACA President

SPRING SPRANG AT ANOTHER FANTASTIC CONFERENCE!

Spring has sprung and there was a great line-up of presenters for the Spring Conference, April 5th, 6th & 7th. Our KEYNOTE SPEAKER, Mathew Silva was back and as great as usual!! Thank you, Mathew. Also, a Big Thanks to our presenters; Kelly Payton, Clay Hyde, Vince Winn, Mike Gissy, Rebecca Loosing, Mark McDonald, Randall Bacon, Dr. John Humistan, Rick Strait and Maeve O'Neill. (there were so many, forgive me if I left someone out.)

We got it ALL! From topics on; cognitive, holistic healing, substance use, peer support, family dynamics, suicide prevention, medicated assistant treatment to recovery.

Thank you so much to Clay Hyde, by filling in for Shelly Wims. Prayers to her and her family.

Prayers also; for Jim and Kathy Gillum. Both missed at the Conference and saddened by their reason.

Lots 'screamed for ice cream' at the ice cream break. Thanks Jim Koen! With that remark, Jim Koen is RETIRING!! He has been such a Great Vender Rep. Board member, supporter and Friend of MACA. He will truly be missed. He's going to hand out in his Man Cave. (hope he comes out of there once in a while.)

And, WOW, what a fantastic group of Venders/Sponsors! Thank you to: Smart Start, Center Pointe Hospital, MADAC, LifeSafer, Gerwick Purchasing, MAAG, Tiffany Feldman, Preferred Family, Addiction Centers, Valley Hope, Addiction Campuses, The GEO Group, New Spring Wellness Center, Ronnie Beaver, Blue Dragon Recovery Center and A'ndrea & Clay Hyde. Some fantastic networking happened because of our Venders/Sponsors.

Speaking of Venders...we have a new Vender Rep. Board member: Stephen George from 'Smart Start.' He comes highly recommended by Jim Koen. Steve has already been a great benefit to MACA. Thanks, Jim, even though you cannot be replaced!

The banquet was great! Something different at the banquet was BBQ Grilled themed. The Auctioneer, Frank came to the rescue and did a Fantastic job. The Raffle was Great! Thanks, to Harley and Theresa for doing a Great job of playing our; Vannas! Thank you to all that donated items for the Raffle and the auction. And of course, we couldn't have done it without all you FANTASTIC professionals that attended the Conference.

Be there, at the Inn at Grand Glaze, Lake Ozarks, in the Fall, October 11, 12 & 13th, for another FANTASTIC MACA CONFERENCE! Wilma will be BACK and you know WE all Love Her!! A motivational writer will be presenting. She just got sponsored by Amazon and OWN to publish her book and do a Book Signing Tour. (Download her book, 'Unexpected Miracles Happen Everyday') Several presenters are returning,(like myself and, you know how I like handouts and prizes). We'll have new presenters, too and as always, Ethics.

Remember; go to the MACA site for other Newsletters, for the Fall Presentation Confirmation form(Yes, you can Present) for the Agenda, the Sponsor/Vender form and Early Registration. If you make reservations at the Inn, tell them you're with MACA for your discount. Register early for the Conference and get a big Discount on Registration. Become a MACA member and get those discounts. Heck, we might even put you to work! We always are appreciative of members, and nonmembers, helping out and being on committees. Shoot us any ideas and comments. We're open for suggestions, ideas and improving.

Some things coming up:

MACA will be representing at the Spring Institute, May 29th & 30th. That Conference is in the Ozarks at Margaretville (it used to be Tan-Tara.) We will be meeting in July for finalizing the Fall Conference. That meeting is open to all that are interested. It is July 19th, 10:00am at Capital Plaza the Conference room in Jefferson City.

Go to our website and/or Facebook. Leave comments and pictures. See Ya, this Fall! MAKE IT SPARKLE!!!!

A'ndrea Hyde CRADC CCJP: MACA Vice-President

In Memory Of

By Lavern Blackorby

I'm very happy to announce that I have not received notice of any of our Members or their Family or Friends passing during the last quarter.

Other Members news:

We missed our dear friend and board member Al Crandall, at the Spring Conference due to illness, and his ongoing recovery, hope you recover soon. (Get well quick Al, we all miss you).

I'm sad to announce the retirements of Jim Kohen. Jim has been a very active and valued member of the MACA Board for several years now. Jim you will be missed by all of the MACA members. Sure hope you have a wonderful retirement.

I do want to extend to all MACA members as well as attendees to share with your friends and peers, if you know of any births, weddings, or wedding anniversary, sobriety anniversary, graduation, or death of a member of the counseling friends and family, or any other hard working member of the counseling field, please let either Tracy Sovar or myself know and we will share it with all in the next quarterly newsletter.

I would like to also take just a moment to thank all of you who attended the Spring Conference, and a very special thanks to the presenters, and our sponsors. It was a great conference and all the attendees I talked with enjoyed the breakouts and had a great learning experience, in a relaxed atmosphere and had a lot of fun while earning their CEU's.

Please keep in mind that you are the reason we are able to and why we have these conferences. MACA has strived from our conception 47 years ago to provide an affordable, educational, and fun learning experience for all who attend. I would encourage each of you to bring a friend or co-worker with you to the Spring Conference which will be held October 11, thru 13, 2019 at the Inn at Grand Glaze Lake of the Ozarks, Missouri.

If you have problems getting signed up for the conference or need information please feel free to contact MACA Office at (417) 554-1412 or email maca@socket.net, Web: missouriaddictioncounselors.org or Tracy Sovar at (573) 533-0598.

Hope to see you all at the Spring Conference.
Lavern Blackorby CRAADC, SQP-R
MACA Newsletter

You Are Invited to Send in Articles

Individuals wishing to write and have their article posted in the MACA newsletter are welcome to send your article to myself lblackorby@pfh.org and cc the same article to Tracy Sovar at maca@socket.net. We also welcome articles on Wellness relating to physical and or Mental Health issues. All articles will need to be submitted prior to the 15th of the month ending the quarter. All articles will be considered and screened for appropriateness.

Thank you,
Lavern Blackorby



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Submitted by; Jim Koen – Guardian Interlock

Missouri Once Again Spurns DUI Checkpoints



Sobriety checkpoints – roadblocks at which police stop cars and ask drivers if they’ve been drinking – are controversial. Most states at least permit them, and many use them as an efficient means of catching drunk drivers before they do harm.

But ten states have outlawed them on the basis that they conflict with the state constitution.

Missouri is on the fence. Missouri DUI checkpoints have not been outlawed, but for the second year in a row the Missouri House Appropriations Committee has **allotted just \$1 per year to them**, signaling disdain for a law enforcement tool that is a staple in neighboring states.

The Case for Sobriety Checkpoints

The Supreme Court ruled in 1990 that sobriety checkpoints met Fourth Amendment requirements. The Fourth Amendment prohibits unreasonable search and seizure. The court ruled, essentially, that the “search” aspect of a DWI checkpoint was not invasive enough, as it just involved a slight delay and a question or two from the police officer. That is, the court implied, a far cry from storming into a home and emptying file cabinets.

Keep in mind that offices cannot just stop whatever driver they choose: the checkpoints must be announced beforehand, and a guidelines must be set: every tenth driver, say – so that discrimination does not come into play.

Moreover, sobriety checkpoints do work. The Centers for Disease Control (CDC) found that checkpoints can slice a good **20 percent off alcohol-related fatality numbers**. Not only do officers at roadblocks nab drunk drivers, but drivers who pass the checkpoints on a night out tend to be more careful about drinking afterwards. The deterrent effect is well-known.

The Case Against Sobriety Checkpoints

Opponents of DUI checkpoints believe that stopping multiple drivers without any probable cause is an unreasonable search, and exactly what the Fourth Amendment was designed to prevent. Stopping people and demanding to see their licenses is, for some, a tactic too close to police-state methods. There are also worries that the checkpoints exist to troll for fines and target undocumented immigrants. The dissenting Supreme Court judges in the 1990 case cited other rulings which condemned “suspicionless random stops of motorists for investigatory purposes.”

The Good News: Saturation Patrols, Ignition Interlocks

Even without DUI checkpoints, Missouri has resources to fight drunk driving – the Appropriations Committee allotted \$20 million for anti-DUI efforts. The most effective of these are:

- Saturation patrols, in which officers are concentrated in a single area for the purpose of seeking out drunk drivers
- Ignition interlocks – Missouri requires ignition interlock devices for all drunk driving offenders. The devices prevent a vehicle from starting if the driver has been drinking

For the present, Missouri DUI checkpoints are not a thing. Legislators have made their choice, and it’s up to law enforcement to use the tools available to keep the state’s roads safe.

When Will The US Finally End Drunk Driving?

Posted on February 19, 2018 by Shelly Wutke



Drunk driving has been a problem for as long as cars have been on the road, but no one managed to get a handle on it until the 1980s. That’s when Mothers Against Drunk Driving (MADD) stepped in and brought an about face to the growing issue of drunk driving in the United States. Since that time lawmakers, law enforcement, anti-drunk driving groups, and health experts have all been pushing to end drunk driving for good.

One set of experts just released a report and recommendations that they feel will eventually end drunk driving in the United States. Put out by the National Academies of Sciences, Engineering, and Medicine, the report is called, “[Getting to Zero Alcohol-Impaired Driving Fatalities.](#)”

The three main recommendations of this report including lowering the legal blood alcohol concentration (BAC), eliminating off-site alcohol sales, and passing sweeping ignition interlock reform.

Lowering the BAC in the United States

The report recommends that all states should drop their legal BAC to .05. This isn't a new idea, because the National Transportation Safety Board (NTSB) has **been asking states** to lower the BAC for several years.

Utah was the first state in the US who listened to this advice, and they've already stepped up and become the first to **officially lower their legal BAC** to .05. The change isn't due to take place until December 30th, 2018, and there has been opposition to what some see as a drastic change.

But the reasoning behind dropping the legal BAC is solid: because alcohol affects everyone differently, one person may only need one or two drinks to be legally impaired. Any amount of alcohol has the power to affect your driving skills, and lowering the BAC would mean people may really think before they drink and drive.

Removing alcohol sales from gas stations

It's easy to buy alcohol when it's as available as gas for your car, and when you put alcohol in a gas station, it makes it all too tempting to drink it while you're driving. The report stated that removing alcohol from gas stations and **drive-through** stores would make it less likely people would drink and drive.

Ignition interlocks in all states

All states have some sort of ignition interlock law, but **not all states require** ignition interlocks for all offenders. The report recommends that all offenders, even first-time offenders who are arrested with a .08 BAC, are required to use the device to prevent them from driving drunk again.

There's hope in the fact that drunk driving in the United States has decreased since the 1980s. It's just disheartening that there's still thousands upon thousands of people who make the choice to drive drunk every year considering the public education, strict laws, and **technology like ignition interlocks** to stop them. If the recommendations from this report are taken seriously and put into place by lawmakers in the USA, this could be the first glimmer of hope that they can actually end drunk driving sooner than later.

CRAFT FAIR

Hosted By: **Saturday, September 14, 2019**



Sunny Jim Bottomley Park ~ Sullivan, MO 63080

12:00 pm - ?? (Setup anytime after 9:30 am)

\$20.00 Booth Fee (bring own table & setup)

MAAG 3rd Annual Substance Use Disorder Awareness Day welcomes crafters of all kinds! This is a day filled with speakers, activities for children, food, and most importantly a day of learning and becoming aware of the ever growing epidemic of Substance Use Disorder. Many lives have been forever changed due to substance use. MAAAG invites you to join us. Any questions please contact MAAAG via Facebook or maagwecare@gmail.com

BOOTH RESERVATION FORM

Name: _____

Address: _____

Phone: _____ Email: _____

Description of Items: _____

Special Requests for booth space: _____

Mail Form along \$20.00 (payable to MAAAG) to PO Box 116, Sullivan, MO 63080

Questions: email maagwecare@gmail.com