



Missouri Addiction Counselors Association

## The MACA Newsletter

April 2016

### From The President's Corner

By Elaine Campbell, MACA President

I would like to thank everyone for attending and participating in the 2016 Spring Conference, held at the Inn at Grand Glaze, Lake of the Ozarks. We had a great turnout with exceptional presentations by our speakers. We thank the vendors who sponsored an ice cream social. It was yummy! Yummy to our tummies! Everyone also had a great time at the Banquet and White Elephant Auction! We also want to thank our sponsors and the hotel staff who helped make the conference a great success. A special thanks to Deputy Jerry Carty for donating 2 Six Flags Gold Season Passes, MADAC, Inc for donating \$300 Gift Certificate to Tan-Tar-A Resort, and MACA donated a computer, and others too numerous to mention for our raffle.

We are looking for speakers for the Fall conference, Oct 14<sup>th</sup>, 15<sup>th</sup>, and 16<sup>th</sup>, 2016. If there is someone you would like to hear or a special subject you would like, I encourage you to contact Tracy Sovar or Andrea Hyde or any board member.

Have a Great summer and hope to see you in the Fall!

Sincerely,

*Elaine Campbell, MACA President*

## From the MACA Office,

Linda Christian-Dinwiddie

The MACA Spring Conference is officially behind us. I must say that it was a success in every way. Our speakers were exceptionally good. I want to thank all the presenters who continue to bring good information to our membership. We truly appreciate all your hard work in putting the workshops together. I also want to thank our sponsors who help us so much. The ice cream social was very successful and enjoyable!

This year was an election year for the office of the President, Vice President, and Secretary/Treasurer, as well as our regional representatives. We have some really good folks who are stepping up and helping out. We have several committees that need some help, if you are interested, please get in touch with your regional representative. You can find them and their contact information on the web site.

We appreciate everyone who has supported us over the years. Our greatest strength is our membership; each and every one of you. We have done everything we can to bring you quality educational speakers and supply you with a "break" to commune with other counselors in a safe environment. We will continue to do this. I read over every conference evaluation and bring topic suggestions and concerns to the board. We work very hard to make each conference a great experience for you. We cannot thank you all enough for your support and hope that you will continue to support the Missouri Addiction Counselors Association.

Some of the topics people have requested are Co-Dependency, MRT, Counselor Cognitive Distortions, Working with Referral Sources, Kids and Adolescents, Techniques to use with Co-Occurring Clients, Pharmacology and the brain on drugs. These are some great topics! But we also need individuals who would be willing to present them. Please, check your co-workers, your mentors, and even yourselves! We would love to talk with you and even if you haven't done this before...team up with someone! Call or email me at the MACA office, or contact A'ndrea Hyde or Tracy Sovar. The Fall Conference (October 14-16, 2016) is just around the corner and we are already looking for people to present!

Sincerely,

*Linda Christian-Dinwiddie*

MACA Executive Secretary

## Membership Committee Report

By Elaine Campbell and Mae Lansford

Our Membership is down and we need to bring it up. We need new Members! We have several incentives for members. We do two conferences a year in Spring and Fall. Members' fee for conferences is \$125 for 15 CEUS including "Ethics". Our conferences are held at Lake Ozark, Missouri. We have two scholarships that we give away at each conference. One is a new membership in Memory of Tommy Hallam (a pioneer of MACA) and the other is a free conference. We also give information and referrals to members for malpractice insurance and are looking at other incentives. Our membership fee is \$75 a year for professionals and \$30 for students. Check out our website for more information at:

<http://www.missouriaddictioncounselor.org/> or contact any board member! Come check out our conference and see what you think!!!

## In Memory Of

By Lavern Blackorby, Past President

I'm saddened to announce the passing of another of our own, Elizabeth (Betty) Slaughter passed away on March 12, 2016 in Kirksville, MO. Betty had worked as a nurse and a certified counselor on both the alcohol and drug unit as well as the psychiatric unit at what is now Preferred Family Healthcare. Betty was a member of MACA until her health required her to discontinue her career to attend to her medical needs. She will be greatly missed by us all.

I would like to take just a moment to thank all of you who attended the Spring Conference, and a very special thanks to the presenters. It was a great

conference and all the attendees I talked with enjoyed the breakouts and had a great learning experience, in a relaxed atmosphere and had a lot of fun while earning their CEU's.

Please keep in mind that you are the reason we are able to and why we have these conferences. MACA strived from conception to provide an affordable, educational, and fun learning experience for all who attend. I would encourage each of you to bring a friend or co-worker with you to the Fall Conference which will be held October 14 thru 16, 2016 at the Inn of Grand Glaze. If you have problems getting signed up for the conference or need information please feel free to contact Linda Christian-Dinwiddie at (417) 241-3202 or (417) 554-1412. Hope to see you all at the Fall Conference.

Lavern Blackorby  
MACA Newsletter

**Lavern Blackorby CRAADC, SQP-R**

## **Just for you at the MACA Spring Conference**

From The MACA Conference Committee  
Clay and Andrea Hyde

**THANK YOU ALL!!! IT WAS GREAT!!!**

Tracy and I would like to Thank EVERYONE that was part of the 2016 MACA Spring Conference. Great presenters, great attendees, great sponsors and great MACA members (and their help). It was just plain GREAT!! Thanks to Linda, Dawn and all the MACA Committees for all their work in putting the Conference together and keeping it running smooth. Congratulations to our new MACA Executive Committee! And Board members! Can't leave out a Big THANKS to, Inn at Grand Glaze Lake of the Ozarks for their hospitality and food.

Special THANKS to Jim Koen (of; Guardian Interlock) and Michelle Page (of; Youngliving Essential Oils) for sponsoring our First, Ice Cream Social! It looked like everyone enjoyed 'screaming for ice cream!'

What fun we all had at the Auction/Raffle. Thanks to our Auctioneer, and the help, as well as all who bought items. Thank you to everyone who donated to the auction as the money helps purchase the Raffle prizes. (which were great) Thank you to Elaine, Lavern, Jim, A'ndrea, Mae and many others that that donated to the Raffle, it was really appreciated.

I heard lots of compliments regarding the presentations. Tracy and I have begun lining up another great line of presenters for the Fall Conference, October 14, 15 & 16. Be there, at the Inn at Grand Glaze Lake of the Ozarks, this fall for another GREAT MACA CONFERENCE! Remember; go to the MACA site for the Newsletter and Registration.

Also, checkout us out, leave comments and pictures on our Facebook.

## **10 Things That Will Happen Right After You Get A DUI**

**Submitted by; Jim Koen – Guardian Interlock**



When is the exact moment someone realizes they shouldn't have decided to drink and drive? Maybe it's when they see the police lights flashing in the back window, or it could be when they crash straight into another vehicle.

The reasons people choose to drink and drive varies, but what happens after is pretty standard. Here are 10 things that happen when you're stopped for driving under the influence (DUI).

**You'll be arrested**

Once you're asked to submit to a breathalyzer test or you fail field sobriety test, there will be no walking away from the police. You'll be arrested and booked at the station on suspicion of DUI.

**You'll get your day in court**

Once arrested, you'll receive a summons to appear in court. During your court appearance, you'll be presented with the evidence against you and will be required to plead innocent or guilty.

**Your driver's license will be suspended**

A driver's license suspension is mandatory for all drunk drivers, and the time you'll be suspended varies. Some states will allow you to apply for a hardship or restricted licence that will allow you to drive with an ignition interlock device.

**You'll pay fines**

There are fees associated with a DUI, and you'll be required to pay them. The cost of fines depends on the state, the type of charge, and whether there was property damage or injury.

**You may go to jail**

Some states require a first offender to spend time in jail, and most states require repeat offenders to go to jail for varying lengths of time.

**You may receive probation**

Some states will require you to complete probation instead of going to jail, and you'll need to visit a probation officer and stick to the terms and conditions of your probation.

**You may need to attend DUI School**

Alcohol education is designed to prevent you from drinking and driving again, and most DUI offenders are required to pay for and attend a DUI school.

**You could be asked to attend an alcohol evaluation**

The goal of penalties is to ensure you don't drink and drive again, so you may be asked to attend an evaluation to help you if you have an addiction to alcohol.

**You may pay higher auto insurance**

Once all is said and done and you've completed your probation, paid your fines, and received your ignition interlock device, you may be in for a surprise at the insurance broker. You may be required to get a special insurance policy, otherwise known as SR-22 insurance, and that can double or triple your premiums.

Once you take a look at what can happen when you drink and drive, it's not that tempting to put the keys in the ignition, is it?

---

# What Happens To My Job When I Have A Drunk Driving Charge?

---



Drunk driving charge is a mistake that can happen to anyone. For most people, they're out for the night and have one or two drinks, get behind the wheel, and probably think nothing of it until they see lights flashing in the rear view window or a check point up ahead.

Even one or two drinks can result in a drunk driving charge, and the repercussions can touch every area of your life. With a suspended driver's license, how can you drive your kids to school, go to appointments, or even more stressful, get to work?

When it comes to your job, having a driving under the influence (DUI) charge on your record can have serious implications. Here are just a few ways a drunk driving charge could affect your job.

## Your driver's license will be suspended

Most states have a DUI penalty that requires a suspected drunk driver to have his or her driver's license revoked for a period of time. Some states require that you lose your license for a year, while others only ask for six months. If your state has a provision where you can waive your driver's license suspension **in exchange for an ignition interlock** or there is an exemption to allow you to drive to work, you're one of the lucky few that can keep driving. Most people convicted of DUI won't be able to drive at all, and if you have to drive for work, that can affect your ability to do your job.

## You may be fired for your drunk driving charge

Depending on your job and the contract you signed to take the position, a DUI conviction could result in you losing your employment permanently. Some employers have a policy that allows for dismissal if you're convicted of a crime, and **DUI is a crime**.

## Your employer's insurance won't be able to cover you

If you drive a truck, a bus, or other company vehicle for work, you usually have to provide a driver's abstract in order to get the job. That's because a company's insurance requires you to have a clean driving record in order to cover you for crashes, damage, or loss. If you have a DUI on your record, your company's insurance may refuse to cover you, and with no coverage you can't drive.

These are just a few ways a drunk driving charge can affect your job, but you won't have to worry about any of them as long as you drive sober or ask a designated driver to get you home.

**MACA BOARD OF DIRECTORS  
2016-2018**

**PRESIDENT**

Elaine Campbell  
Union, Mo.  
314-808-4299  
ejcampbell1@hotmail.com

**VICE PRESIDENT**

Tracy Sovar  
Owensville, MO  
417-293-9934  
tsovar@semobh.org

**SECRETARY/TREASURER**

Mae Lansford  
Owensville, MO  
573-263-1316  
Mlansfo57@yahoo.com

**IMMEDIATE PAST PRESIDENT**

Linda Christian-Dinwiddie  
Marshfield, MO  
417-554-1412  
Ljchristian@gmail.com

**Board Member – Central**

Kelly Payton  
Owensville, MO  
573-437-6264  
Kelly@jpayton.com

**Board Member – Eastern**

Randall Bacon  
Kirksville, MO  
660-342-1883  
Randall\_Bacon@yahoo.com

**Board Member – Northern**

A'ndrea Hyde  
Vandalia, MO  
573-594-3107  
twofrogs@windstream.net

**Board Member – Southeastern**

Al Crandall  
Farmington, MO  
573-756-2200  
Alc101access@gmail.com

**Board Member – Western**

Lavern Blackorby  
Novinger, MO  
660-785-3107  
lblackorby@pffh.org

**Board Member – Southwestern**

Dawn Dinwiddie  
Marshfield, MO  
417-880-9504  
Dawndinwiddie@gmail.com

**MCB Representative to MACA**

Stacey Langendoerfer  
MCB Executive Director  
Jefferson, MO  
573-616-2300  
Stacey.langendoerfer@missouricb.com

**Board Member at Large**

Jim Koen  
Guardian Interlock  
636-669-4367  
Jim.koen@guardianinterlock.com

**MACA Office**

Linda Christian-Dinwiddie  
Executive Secretary  
PO Box 459, Seymour, MO 65746  
417-554-1412  
maca@socket.net